

*What if you could model being fully Present and Aware, choose to be at Peace, and respond thoughtfully to any situation in your life?*

*What would it feel like to master powerful NLP, communication, personality analysis, hypnotherapy, trauma resolution, and advanced counseling skills?*

*What if you could teach others how to do the same, and improve both your lives in the process?*



## PROFESSIONAL TRAINING AND CERTIFICATION IN COUNSELING MASTERING THE THERAPEUTIC PROCESS™

This release of New Vistas International's core professional training program, *Mastering the Therapeutic Process™* (MTTP) will be offered in two formats: Instructor-led in-classroom, and online via Webinars. Level One is designed to provide the student with the information, skills, and confidence to work competently, safely, and effectively as a PAUSE Certified Hypnotist using direct suggestion and PAUSE therapeutic techniques.

*The successful Level One student will be able to:*

- Receive and utilize advanced training in the PAUSE Model of Counseling™
- Recognize and effectively address core issues through the use of Character Analysis
- Competently employ Hypnosis and NLP Techniques for the transformation of limiting emotional and mental patterns
- Learn to regulate the neurological system using highly effective Trauma Resolution modalities

**Professional Certifications provided in this series:**

Level 1:	<b>PAUSE Certified Hypnotist (CH) PAUSE Characterological Specialist (PCS)</b>
Level 2:	<b>PAUSE Certified Hypnotherapist (CHT) PAUSE Enneagram Specialist (PES)</b>
Level 3:	<b>Certified Clinical Hypnotherapist (CCHT) PAUSE Certified Counselor (PCC)</b>
Level 4:	<b>PAUSE Certified Specialist</b>
Level 5:	<b>PAUSE Master Counselor (PMC)</b>
Level 6:	<b>PAUSE Instructor (PI) PAUSE Master Instructor (PMI)</b>



New Vistas International is a certified training organization licensed by the Nevada Commission on Postsecondary Education

Continuing Education Units (CEU's) Available

Each of our classes are offered in two formats, all or partially in-person, either providing the same certification. Both formats are suitable for Professional Certification, Refresher training, and Self-Mastery.

## Meet your Instructors



**Dr. Donna Hamilton, PhD, MFT, HE, MNLPT** is a Health Educator and Marriage and Family Therapist specializing in Body Centered Psychotherapy and Trauma Resolution. She received her PhD in Clinical Hypnotherapy from American Pacific University in 2012. She is a board certified Instructor of Neuro Linguistic Psychology, a licensed Clinical Hypnotherapist and Hypnotherapy Examiner.

**Bud James, MA Div, HI, MNLPT**, is a Regression Specialist, a Certified Clinical Hypnotherapist and Instructor, a Master Neuro-Linguistic Psychology Practitioner and NLP Trainer, ACIM Teacher, and an Enneagram in Business Coach.

### Format A -March 1st – (NVI2014.L1A-P)

- **100% Instructor-Led**
  - **Characterological Specialization Class** counts as 30 hours towards graduation, 5-five hour classes
  - Level One classes, four 16-hour weekends, one per month, CEU's are available for both classes.
  - Professional Study Groups will be assigned

- **Dates: Characterological Specialization: 5 - Five hour classes (12 to 5:00pm – Sundays)**

March 2 <sup>nd</sup>	April 6 <sup>th</sup>	May 4 <sup>th</sup>
Jun 1 <sup>st</sup>	Jun 29 <sup>th</sup>	

- **Dates: Level One Class - Four (4) Weekend Intensives (8am -5pm)**

July 12 & 13	August 2 & 3
September 6 & 7	October 4 & 5

- **Location:**
  - To be determined (based on class size)
- **Tuition & Materials Fees:**
  - Characterological Specialization Class only - \$300 plus materials
  - Complete Certification including Characterological class, Normally \$2,000 - **discounted to \$1250**
  - Materials fee will range from approximately \$50 to \$200, based on student's needs

### Format B (July 1, 2014 - NVI2041.L1B-P\*SM)

- **Combination of Long Distance Learning and a One-week optional Intensive Final**
  - Eighteen (18) 90 minute webinars, one per week (27 hours Instructor-led training)
  - Professionals - 40 hours of Self-Directed training (Audio, Video, Study Material) & Intensive required
  - Optional Study Groups will be set-up and encouraged
  - **You will need access to an Internet connected Computer with a headset**
  - CEU's are available for this class
- **Dates:**
  - July 1st – Oct 28<sup>th</sup> - Tuesday evenings, 6:30-8:00 <http://P-A-U-S-E.com>
- **Final 5 day (40 hour) In-person, Instructor-Led Intensive (Professionals Only)**
  - Location in Reno, NV, Nov 2<sup>nd</sup> – Nov 8<sup>th</sup>
- **Tuition & Materials Fees:**
  - Online only program is **HIGHLY DISCOUNTED this year only - \$200!!!** (Drop in @ \$15 per class)
  - Final in-person Professional Intensive Fee of **\$500** does not include meals, housing, or transportation
  - Materials fee will range from approximately \$50 to \$200, based on student's needs

### Signup and More Information

Advanced registration for the class is required; please email: [Registrar@P-A-U-S-E.com](mailto:Registrar@P-A-U-S-E.com) Phone: 775-376-8218  
 To get our Course Catalog, find out about future Level 1, 2, 3 & 4 Classes, Seminars, Free downloads, and our upcoming books, please visit our website: <http://P-A-U-S-E.com>